



ADITYA YOGA SCHOOL

VINYASA FLOW YOGA 200HRS & 500HRS
TEACHER TRAINING COURSES
WITH ALESSANDRA PECORELLA

DISCLAIMER FORM

I, _____ hereby agree to the following:

That I am participating in the Yoga classes or any other exercise programs offered by Alessandra Pecorella during which I will receive information and instruction about yoga, physical exercise or health. I recognize that exercise requires physical exertion, which may be strenuous and may cause physical injury, and I am fully aware of the risks and hazards involved.

I understand that it is my responsibility to consult a physician prior to and regarding my participation in the yoga classes, health programs or workshops offered by Alessandra Pecorella.

I represent and warrant that I am physically fit and I have no medical condition, which would prevent my full participation in these yoga classes, health programs or workshops.

If I am pregnant I understand that I participate fully at my own risk and that of my unborn child/children.

In consideration of being permitted to participate in the yoga classes, health programs or workshops, I agree to assume full responsibility for any risks, injuries or damages, known or unknown, which I might incur as a result of participating in the programs offered by Alessandra Pecorella.

In further consideration of being permitted to participate in the yoga classes, health programs or workshops, I knowingly, voluntarily and expressly waive any claim I may have against Alessandra Pecorella or the instructor for injury or damages that I may sustain as a result of participating in these programs.

I understand that from time to time during yoga classes, the instructor may physically adjust students' form and posture. If I do not want such physical adjustments, I will so inform the instructor at each class I attend. I also acknowledge that if I do wish to receive such adjustments, it is my responsibility to inform the instructor when an adjustment has gone as far as I desire at that time.

I _____ hereby take full and sole responsibility from any liability of loss or damage to personal property associated with yoga classes or any other events.

I, my heirs or legal representatives forever release, waive, discharge and covenant not to sue Alessandra Pecorella or its employees for any injury caused by their negligence or other acts.

I have read the above release and waiver of liability and fully understand its contents.
I voluntarily agree to the terms and conditions stated above under my own free will.

I _____ *As a student of your training course, I consent to my contact details (name, email and phone number) being passed onto our partners, Yoga Alliance Professionals, so they can contact me directly and invite me to register as a Trainee and Teacher. I understand that I have the option of opting out of this registration process.*

Name _____ Signature _____ Date _____

TERMS & CONDITIONS – 200HRS AND 500HRS RYS

Aditya Yoga School (hereby referred to as Aditya or the School) is owned and run by Alessandra Pecorella, SYT.

When you accept a place on the course You enter a Contract with Aditya, terms are established in this Document .The terms will terminates when the course finishes.

Mentors and Teachers at Aditya Yoga School

All teachers at Aditya are comprehensively qualified and insured with recognized professional organizations. Mentors and assistants on the Apprenticeship Program are not however employed by Aditya, they are self-employed.

Payment RYT 200

The Teacher Training Courses 200hrs offered by Aditya are open to Teachers in Training on the Aditya Yoga School Vinyasa Flow Teacher Training Programs, its Mentors, Assistants and co-teachers.

The entire Course has to be booked and paid in full, in advance at time of accepting the place or in monthly Installments by Standing Order (subject to Contract). Bookings for Courses, workshops and intensive are made by email at alessandra@adityayogaschool.com and payment via Bank Transfer to Alessandra Pecorella.

To secure a place on the course a non-refundable deposit can be paid at time of registration. Check the website www.adityayogaschool.co.uk for detailed fees.

Once you have committed to attend a course, workshop or intensive it is your responsibility to attend all of the scheduled sessions and must do so in order to receive any confirmation from us of your attendance/completion of the event.

Cancellation/ Refund Policy for the RYT 200

The cost of the Course is not refundable. In the event that you cannot complete your Training with Aditya you will not be refunded of all the unused credit as the place cannot be offered to another participant. Alternatively if you wish to continue with the School but cannot because of personal circumstances Aditya will hold your credit for future training.

All cancellation must be given via written notice to alessandra@adityayogaschool.co.uk

Payment RYT 300/500

The Course can be booked and paid in advance either in full or by Module. Bookings for Courses, workshops and intensive are made by email at alessandra@adityayogaschool.com and payment via Bank Transfer to Alessandra Pecorella.

To secure a place on the individual Module it shall be paid in full at time of registration. Check the website www.adityayogaschool.co.uk for detailed fees.

Once you have committed to attend a course, workshop or intensive it is your responsibility to attend all of the scheduled sessions and must do so in order to receive any confirmation from us of your attendance/completion of the event.

Cancellation/ Refund Policy for the RYT 300

The cost of the Module is not refundable. In the event that you cannot attend a Module the credit will be used to attend a subsequent Module of your choice.

All cancellation must be given via written notice to alessandra@adityayogaschool.co.uk

Date Changes

Aditya reserves the right to change dates of a course, workshop or intensive in exceptional circumstances, by giving you written notice up to one-month prior the event.

Website

The copyright, intellectual property rights, contents and any downloads from the Aditya Yoga School and alessandrayoga websites are owned by Aditya or Alessandra Pecorella.

Aditya has made reasonable and not misleading efforts and acted in good faith to make sure that all information provided in its website is accurate at the time of inclusion. Aditya makes no representation or warranty, express or implied, about the accuracy or completeness of the information provided through its website, including any links or any other items directly or indirectly related to Aditya's website. The Aditya reserves the right to move, alter or make changes or corrections to its website at any time without notice.

Users of the Aditya's website may view, use, download and store the content for personal use only.

The Registration and Application Sections of the Aditya's website invite users to provide and enter personal information. See below the updated Privacy Policy section, where we explain how we use your personal data.

Aditya does not guarantee that the use of this website will be compatible with all software which may be used by visitors to this site.

Privacy Policy UPDATED at 25 May 2018 GDPR

Aditya is committed to protecting your privacy.

We promise that we will only use your data for legitimate purposes and will never give or sell your details to anyone – unless you gave us explicit permission, or we are legally required to do so. You have a right to see any personal information, which we hold about you, on written request.

Responsibility for Data Protection

Alessandra Pecorella, founder and Director of Aditya Yoga School, is appointed to deal with Data Protection Compliance and any related requests and enquiries.

All communication shall be addressed to

alessandra@adityayogaschool.co.uk

Why the School needs to process Personal Data

Aditya has a contractual necessity to keep a student's contact details and a legitimate interest to email them information e.g. a newsletter or information about a workshop which they may be interested in. However, you will not receive marketing emails particularly if you are no longer a student of the School, unless you have given your consent for this.

When you sign up for courses at Aditya You can choose to give your consent to your information being stored and used for marketing purposes or opt out.

The form to join courses can be found at adityayogaschool.co.uk/application-form/.

The Online Application Form and Applications received via email are the main way that Aditya uses to gather students and prospect students data.

Keeping students data is necessary for:

- The purposes of students selection;
- Maintaining relationships with alumni and the school community, including direct marketing and fundraising for Charity purposes;
- To make use of photographic images of the students on the School website or on promo material (printed Flyers, online events) and where appropriate on Social Media;
- For Security Purposes;
- For Legal and Regulatory purposes (for example monitoring Health and Safety) and to comply with its legal obligations.

Types of Personal Data Processed by the School

This will include by way of example:

- names, addresses, telephone numbers, e-mail addresses and other contact details;
- information about the individual's health and contact details for their next of Kin;
- images of students engaging in School's activities.

How the School Collects Data

Generally Aditya receives personal from the individual directly. This may be via the online Application Form on the Aditya website or simply in the ordinary course of interaction or communication (such as emails or via Messages – as in Social Media interaction).

Who has access to Personal Data and who the School shares it with

Occasionally the School will have to share personal information relating to its community with third parties, such as professional advisers (lawyers, accountants, insurers) or government authorities and regulators).

For the most part, personal data collected by Aditya will remain within the School, and will be processed by appropriate individuals only in accordance with access protocols (i.e. on a “need to know” basis).

How long we keep personal data

Aditya will retain personal data securely and only in line with how long it is necessary to keep for a legitimate and lawful reason. Aditya will retain the documents and data relevant to each students for at least 7 years following departure from the School.

Keeping in touch and supporting the School.

Occasionally Aditya will use the contact details of the students and other members of the community, to keep them updated about the activities of the School, or alumni, including sending updates via newsletter and email.

Should you wish to object to any such use please contact Alessandra via email at

alessandra@adityayogaschool.co.uk.

Your Rights

Individuals have various rights under Data Protection Law to access personal data and in some cases ask for it to be erased and amended. Any individual wishing to access or amend their personal data should put their request in writing to alessandra@adityayogaschool.co.uk.

Aditya will endeavour to respond to any written request as soon as is reasonably practicable and in any event within statutory time-limits, which is one month in the case of request to access information.

Consent

Where Aditya is relying on Consent as a means to process personal data, any person may withdraw this consent at any time.

Please be aware that the School may not be relying on consent but have another lawful reason to process the personal data in question even without your consent. That reason will have usually been asserted under this Privacy Notice, or may otherwise exist under some form of Contract agreement with the individual.

Data Accuracy and Security

Aditya will endeavour to ensure that all personal data held in relation to an individual is as up to date and accurate as possible. Individuals must notify Alessandra Pecorella of any changes of important information.

An individual has the right to request that any out-of-date , irrelevant or inaccurate information about them is erased or corrected (subject to certain expectations and limitations under the Data Protection Law) please see above for details of why the School may need to process your data or you may contact if you disagree.

This Policy

Aditya will update this Privacy Notice from time to time. Any substantial changes that affect your right will be provided to you directly as far as is reasonably practicable.

Queries and Complaints

Any comments and queries on this policy should be directed to Aditya's founder Alessandra Pecorella via email alessandra@adityayogaschool.co.uk.

If an individual believes that the School has not complied with this policy or acted otherwise than in accordance with Data Protection Law, they should utilise the School Complaints/ Grievance procedure and should also notify Aditya's Founder Alessandra Pecorella via email at the same address as above.

You can also make a referral to or lodge a complaint with the Information Commissioner's Office (ICO), although the ICO recommends that steps are taken to resolve the matter before involving the Regulator.

LONDON 25th May 2018

Appendix 1

Lawful Basis (Legal Reasons) for Processing Information

1. Contractual necessity – you need to process someone's personal data to perform a contract you have with them, e.g. where you have a contract with a student to provide a product or service (yoga teacher training YTT).
2. Legitimate interest – where you are a private sector organisation and you have a genuine and legitimate interest (can include commercial), so long as this is not outweighed by harm to an individual's rights. When for example asking for health questionnaires to be completed, Aditya has a legitimate interest to protect the student during a class/ event/ training and make necessary adjustments to meet their needs.
3. Consent – your students have consented to data processing in the application form, which allows them to tick a box to confirm that they are happy for Aditya to store their data.
4. Vital interests – it is necessary to protect someone's life.
5. Legal obligation – the need to process an individual's data because the organisation has to comply with legal obligation under UK or EU law – not applicable to yoga teachers
6. Official function – you need to process data in order to carry out an official function or task which is in the public interest and you have a basis for proceeding under UK law. This is not relevant to teachers and applies to public bodies.

CODE OF CONDUCT FOR STUDENTS OF ADITYA YOGA SCHOOL 200HRS, 300HRS AND 500HRS.

Dear student

Thank you for joining the 200 hrs, 300hrs or 500 hour Yoga Teacher Training course, and a warm welcome to Aditya Yoga School. We hope you enjoy the course and find it useful and informative.

In order to maintain high standards and ensure that we keep our good reputation, it is important that you reach a certain minimum conduct. Whenever we feel that this is not the case, we will talk to you personally and try to put things right. The assessment is on a continuous basis and you will receive feedback on your progress. Students who do not meet the required standards will be asked to improve on the areas of weakness, and demonstrate that they have done this, before being issued with a certificate. All successful students can be registered on our database of accredited teachers.

This Code of Conduct is a summation and declaration of acceptable, ethical, and professional behaviour by which all students on this teacher training course agree to conduct during the course.

As a student of Aditya Yoga Teacher Training, I agree to uphold the ethical goals set forth in the following Code of Conduct:

1. Behave and speak in a way that does not offend others.
2. Dress appropriately.
3. Seek help if needed during the course.
4. Treat everyone with respect. Any form of bullying will be treated seriously and may lead to exclusion from the course.
5. Ensure you are punctual and attend all tutorials (unless absence is explained or agreed prior).
6. Meet deadlines for assignments and projects.
7. Make sure all work produced for assignments and exams is your own work.
8. Treat all course property with respect.
9. Follow the teacher training course Health and Safety rules at all times.
10. Drive safely when on-site and park only in designated areas.
11. Switch off your mobile phone in class.
12. Do not take any food or drink into the studio. (Still water may be allowed)
13. Smoking is discouraged. If you wish to smoke, please do so only in designated areas.
15. Dispose of litter responsibly.

I agree to comply with the conditions and requirements as set out in the course curriculum, and accept that failure to do so will disqualify me from any accreditation. I furthermore vow to uphold the standards of the teachings I have been given, and to maintain and promote the good name of yoga at all times. I accept that failure to do so may lead to the annulment of any accreditation obtained from Aditya YogaTeacher Training.

Print Name _____

Course and starting date _____

Signature_____

Date_____